

# MENU

## Sample

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Life Cereal Bananas Milk	Bagels w/ Cream cheese Oranges Milk	Pancakes Apples Milk	Special K Cereal Bananas Milk	Oatmeal Blueberries Milk
Lunch	<b>HM</b> <b>Ground Beef</b> <b>Stroganoff</b> pasta w/ beef, sauce, sour cream, cheese Green Beans Peaches Milk	<b>HM</b> <b>Bean and Cheese</b> <b>Burritos</b> flour tortillas, bean and cheese Corn Apples Milk (Toddlers) Refried Beans/Sliced Bread	<b>Tater Tot</b> <b>Casserole</b> beef, tater tots, cheese Ritz Crackers Peas Pineapple Milk	<b>Chicken</b> <b>Alfredo</b> pasta, alfredo sauce, chicken, spinach Mixed Vegetables Fruit Cocktail Milk	<b>Tuna Fish</b> <b>Sandwiches</b> tuna, mayo. whole wheat bread Carrots Pears Milk (Toddlers cooked carrots)
Snack	Cottage Cheese Pineapples Water	Yogurt Blueberries Water	Oranges Chex mix Water	Goldfish String Cheese Water	Club Crackers Celery Water (Toddlers bananas sub for celery)
PM Snack	Ritz Crackers Water	Animal Crackers Water	Club Crackers Water	Graham Crackers Water	Oranges Water

**Week 1** SPRING